

# Illness, divorce and redundancy hit the pocket hardest

The Power of Protection *Life changers*

Responses from people aged 25+ in a survey of 12,398 people in 12 countries and territories

## The most financially damaging events in people's lives...

% who found financially negative



**85%**

redundancy



**78%**

critical illness/injury



**76%**

traumatic  
accident or injury



**75%**

divorce/separation  
from a life partner



**74%**

career break/  
extended holiday

**57%**

bereavement  
of parent

**55%**

bereavement of close  
friend/relative

**54%**

retirement

**50%**

having a baby

**46%**

buying a home

## ...and how they cope with them

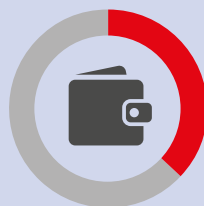


## Regrets Actions people wish they had taken, in hindsight



**54%**

started saving  
more



**37%**

cut back on their  
spending



**34%**

re-prioritised  
their spending