

Autism, work and me

Speakers: Roger, Amy and Melanie

[Roger] Many of my strengths I believe come from my autism.

[Melanie] I'm good at listening.

[Roger] Honesty.

[Amy] Every new thing that I can learn, my brain wants to soak it up like a sponge.

[Roger] Focus.

[Melanie] I am good at retaining knowledge. I know where to find the knowledge.

[Roger] Sensitivity.

[Amy] I have something called Asperger's syndrome, which is an autistic spectrum disorder.

[Melanie] I have Asperger's syndrome.

[Roger] I'm neurodiverse because I am autistic.

[Amy] I would say definitely don't be afraid to talk about it.

[Roger] I find warmth, generosity and inclusiveness in the team that I have not found in every workplace.