

## Balance for better video

[TEXT ON SCREEN]

For International Women's Day, HSBC colleagues share what #BalanceForBetter means to them.

"Sometimes balance comes from taking a different view of life" – Sofia Silva, Jersey.

"True balance is not an option, it is essential" – Kaushal Harshad Suthar, India.

"Show up, stand up, speak up" – Samhita Rao, England.

"Together we see new horizons" – Sevak Baghdyan, Republic of Armenia.

"I'm a fan of individuality, not gender" – Talukdar Noman Anwar, Bangladesh.

"Who cares if you're a boy or a girl?" – Anna Julia Cabrera Rubio, Mexico.

"There's still a lot to fight for" – Alex Bignell, England.

What does #BalanceForBetter mean to you?