

# The Future of Retirement

The new old age



## Mexico

HSBC's third annual Future of Retirement survey of older people, work and retirement, reveals a 'new old age' in Mexico and dispels the myth that old people are a burden to society. Older people contribute 2.3 billion Pesos in income tax and 806 million Pesos in voluntary work. In Mexico a large proportion of older people work in their later years. Many older people are active, contributory adults, without whom our workforces and families could not flourish.

In Mexico, a total of 1002 people aged 40-79 years were interviewed.

### Older people make an enormous contribution to society as volunteers, workers and family members

#### Voluntary Work

In Mexico, the limited organised voluntary contribution to communities ranges from fourteen per cent of the 40-49 year olds to eight per cent of 70-79 year olds. In Mexico, the average number of hours per week spent on voluntary work ranges from 4.8 hours for 40-49 year olds to 4.3 hours for 70-79 year olds.

#### Financial Support

One in five (20%) of 70-79 year olds and just under half (44%) of 40-59 year olds have **provided** support to a relative or friend during the previous 6 months. However, the proportions of the age groups in Mexico **receiving** financial support from a relative or friend are minimal, ranging from just under a third (30%) of 60-79 year olds to almost one in five (18%) of the youngest group.

#### Practical Support

Between one in twenty (5%) of 70-79 year olds and just under a third (29%) of 40-59 year olds have **provided** support to a relative or friend during the previous 6 months. The proportions of older people in Mexico **receiving** practical support from a relative or friend ranges from one in five (20%) of 40-59 year olds to a quarter (25%) of 60-79 years olds.

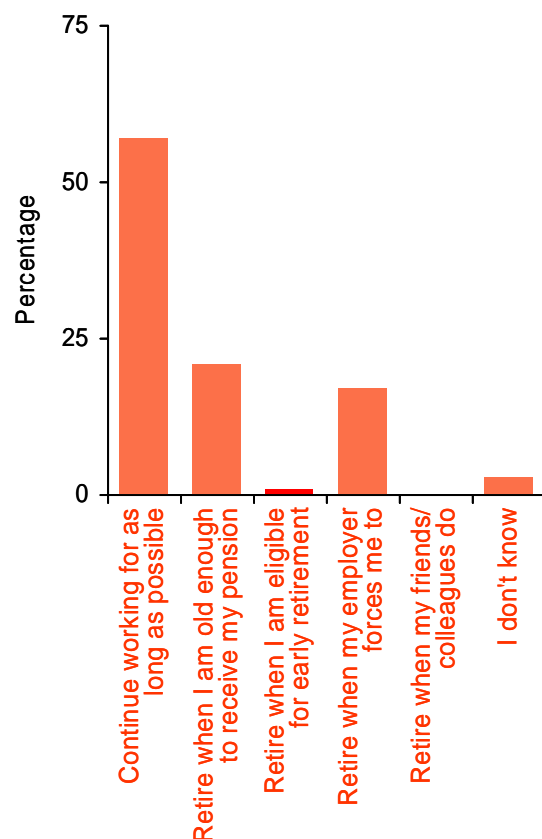
#### Personal care

In Mexico, between four per cent of the oldest cohort and a significant fifth (20%) of 40-59 year olds have provided personal care, with seven per cent of the age groups receiving this form of support.

#### Working past traditional retirement age

Almost a third (30%) of the oldest age group have some form of paid work, while this is true for two in five (39%) of 60-69 year olds, over half (59%) of 50-59 year olds and almost two thirds (64%) of the youngest age group.

**Globally, early retirement is not an option many working people aged 40-59 expect to take**



# The Future of Retirement

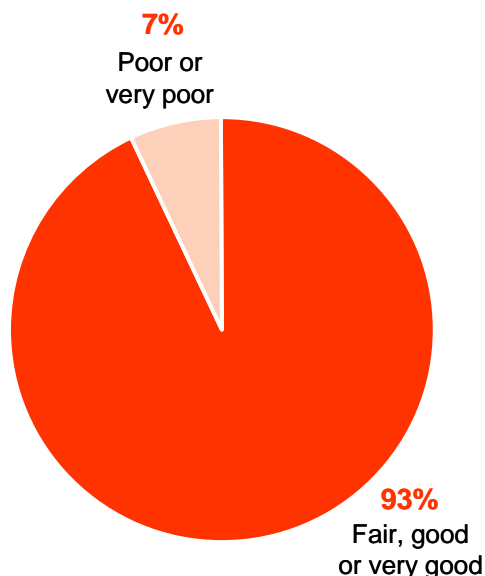
*The new old age*

**70 is the new 50 – older people are healthy, active and in control of their own lives to a much later age**

## **“In good health”**

In Mexico, nearly half (47%) of 70-79 year olds and almost three quarters (72%) of 40-49 year olds feel in good or very good health.

**Those aged 60-79 years old predominantly describe themselves as being in fair, good or very good health**



## **“Life is full of opportunities”**

The majority of the younger cohorts in Mexico feel that *life is full of opportunities*, and nearly a third (29%) of 70-79 year olds feeling that this is often the case.

## **“I feel able to do the things I want to”**

The majority of the younger cohorts in Mexico often *feel able to do the things they want to do* with proportions ranging from over half (58%) of 40-49 year olds to more than a quarter (28%) of 70-79 year olds.

## **“Everything is too much effort”**

In Mexico, over half (59%) of 40-49 year olds *feel almost none of the time or never that everything is*

*too much effort* compared with three quarters (76%) of 70-79 year olds.

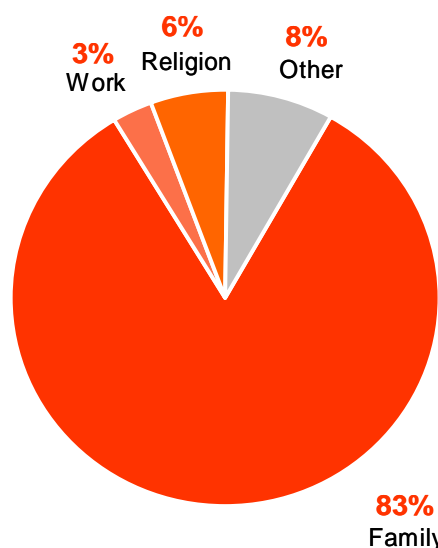
## **“Looking forward to the future”**

In Mexico, just over two thirds (68%) of 40-49 year olds are almost all of the time/most of the time *looking forward to the future* compared with over half (54%) of 50-69 year olds and forty per cent of the 70-79 year olds.

## **Families define who we are**

In every age group when asked “when you think of who you are, you think mainly of...” the largest response was my family with a noteworthy four in five (83%) of respondents in each age group agreeing with this.

**When people are asked what they think in terms of who they are, a large majority say ‘my family’**



Approximately two thirds (66%) of 40-49 year olds agree that it is the duty of a parent to do their best for their children and this increases to four in five (83%) of 50-79 year olds, but moving down a generation, over three quarters (79%) of 40-49 year olds and nine in ten (93%) of 60-79 year olds feel it is the duty of grandparents to be there for their grandchildren in times of difficulty.

**The retirement experience exceeds expectations**

# The Future of Retirement

*The new old age*



**Missing feeling useful** is a fear before retirement, but this does not manifest itself to the same extent after retirement. More than two in five (43%) of pre-retirees expect to miss the feeling of being useful compared with less than a third (30%) of post-retirees who actually do so.

**The fear of not being able to cope financially** after retirement is felt by only a relatively small proportion of pre-retirees, and the same is true for post-retirees. Just over a third (34%) of those in pre-retirement, and half (50%) of those in post-retirement are not worried.

**Workplace factors** that individuals state they will miss on retirement can be compared pre and post retirement. We can draw up an index of expectation versus experience. If the index is greater than 1, then experience is better than expectation. In Mexico (index 1.2) experience is more positive than expectation in respect of missing aspects of the workplace and of work.